Summary of Benefits and Coverage: What this Plan Covers & What it Costs



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.cigna.com/sp/ or by calling 1-800-Cigna24

Important Questions	Answers	Why this Matters:
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What is the overall deductible?	For in-network providers \$2,000 person / \$4,000 family For out-of-network providers \$4,000 person / \$8,000 family Deductible per person applies when the employee is the only person covered under the plan. Does not apply to in-network preventive care & immunizations	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <u>out-of-pocket limit</u> on my expenses?	Yes. For in-network providers \$5,950 person / \$11,900 family (no more than \$5,950 per person in the family) For out-of-network providers \$5,950 person / \$11,900 family (no more than \$5,950 per person in the family)	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit?	Premium, balance-billed charges, penalties for no pre- authorization, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of- pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a <u>network</u> of <u>providers</u> ?	Yes. For a list of participating providers, see www.myCigna.com or call 1-800-Cigna24	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your innetwork doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a specialist?	No. You don't need a referral to see a specialist.	You can see the specialist you choose without permission from this plan.

Questions: Call 1-800-Cigna24 or visit us at www.myCigna.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.cciio.cms.gov or call 1-800-Cigna24 to request a copy.

Important Questions	Answers	Why this Matters:
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .



- Co-payments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Co-insurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> of the service. For example, if the health plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>co-insurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charge is \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use in-network **providers** by charging you lower **deductibles**, **co-payments** and **co-insurance** amounts.

Common Medical Event	Services You May Need	Your Cost if you use an		Limitations & Exceptions
Common Medical Event	Services rou may need	In-Network Provider	Out-of-Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	10% co-insurance	40% co-insurance	none
If you visit a boolth care	Specialist visit	10% co-insurance	40% co-insurance	none
If you visit a health care provider's office or clinic	Other practitioner office visit	10% co-insurance for chiropractor	40% co-insurance	none
	Preventive care/screening/ immunization	No charge	40% co-insurance	none
If you have a test	Diagnostic test (x-ray, blood work)	10% co-insurance	40% co-insurance	none
	Imaging (CT/PET scans, MRIs)	10% co-insurance	40% co-insurance	none

Common Medical Event	Sarvinga Vou May Need	Your Cost if you use an		Limitations & Everations
Common Wedical Event	Services You May Need	In-Network Provider	Out-of-Network Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition	Generic drugs	\$10 co-pay/prescription (retail), \$20 co-pay/ prescription (home delivery)	40% co-insurance	Coverage is limited up to a 30-day supply (retail) and a 90-day supply
More information about prescription drug	Preferred brand drugs	\$40 co-pay/prescription (retail), \$80 co-pay/ prescription (home delivery)	40% co-insurance	(home delivery). Certain limitations may apply, including, for example: prior
coverage is available at www.myCigna.com	Non-preferred brand drugs	\$60 co-pay/prescription (retail), \$120 co-pay/ prescription (home delivery)	40% co-insurance	authorization, step therapy, quantity limits.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% co-insurance	40% co-insurance	none
surgery	Physician/surgeon fees	10% co-insurance	40% co-insurance	none
	Emergency room services	10% co-insurance	10% co-insurance	none
If you need immediate medical attention	Emergency medical transportation	10% co-insurance	10% co-insurance	none
	Urgent care	10% co-insurance	10% co-insurance	none
If you have a hospital stay	Facility fee (e.g., hospital room)	10% co-insurance	40% co-insurance	50% penalty for no precertification.
	Physician/surgeon fees	10% co-insurance	40% co-insurance	50% penalty for no precertification.
	Mental/Behavioral health outpatient services	10% co-insurance	40% co-insurance	none
If you have mental health,	Mental/Behavioral health inpatient services	10% co-insurance	40% co-insurance	50% penalty for no precertification.
behavioral health, or substance abuse needs	Substance use disorder outpatient services	10% co-insurance	40% co-insurance	none
	Substance use disorder inpatient services	10% co-insurance	40% co-insurance	50% penalty for no precertification.
	Prenatal and postnatal care	10% co-insurance	40% co-insurance	none
If you are pregnant	Delivery and all inpatient services	10% co-insurance	40% co-insurance	50% penalty for no precertification.

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Common Medical Event	Sarvisas Vau May Nood	Your Cost if you use an		Limitations & Exceptions
Common Wedicar Event	Services You May Need	In-Network Provider	Out-of-Network Provider	Limitations & Exceptions
	Home health care	10% co-insurance	40% co-insurance	Coverage is limited to 60 days annual max. Maximums cross-accumulate.
If you need help	Rehabilitation services	10% co-insurance	40% co-insurance	Coverage for Rehabilitation, including Cardiac rehab, services is limited to 90 days annual max.
recovering or have other	Habilitation services Skilled nursing care	Not Covered	Not Covered	none
special health needs		10% co-insurance	40% co-insurance	50% penalty for no precertification. Coverage is limited to 60 days annual max.
	Durable medical equipment	10% co-insurance	40% co-insurance	none
	Hospice services	10% co-insurance	40% co-insurance	50% penalty for no precertification.
If your shild poods dontal	Eye Exam	Not Covered	Not Covered	none
If your child needs dental	Glasses	Not Covered	Not Covered	none
or eye care	Dental check-up	Not Covered	Not Covered	none

Excluded Services & Other Covered Services

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)		
 Cosmetic surgery 	Hearing aids	
 Dental care (Adult) 	Long-term care	
 Dental care (Children) 	 Non-emergency care when traveling outside the U.S. 	 Weight loss programs
 Eye care (Children) 	Routine eye care (Adult)	
 Habilitation services 	Routine foot care	

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)		
 Acupuncture 		
 Bariatric Surgery 		
 Chiropractic care 		
 Infertility treatment 		

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-Cigna24. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.coincems.gov. Department of Health and Human Services at 1-877-267-2323 x61565 or www.coincems.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact Cigna Customer service at 1-800-Cigna24. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy** does provide minimum essential coverage.

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage** does meet the minimum value standard for the benefits it provides.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-244-6224.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-244-6224.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-800-244-6224.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-244-6224.

-----To see examples of how this plan might cover costs for a sample medical situation, see the next page.-----

Questions: Call 1-800-Cigna24 or visit us at www.myCigna.com.

Coverage Examples About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.

This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Note: These numbers assume enrollment in individual-only coverage.

Having a baby

(normal delivery)

Amount owed to providers: \$7,540

Plan pays: \$4,950Patient pays: \$2,590

Sample care costs:

Hospital charges (mother)	\$2,700
Routine Obstetric Care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
,	
Total	\$7,540
Total	\$7,540
	\$7,540 \$2,000
Total Patient pays:	. ,
Patient pays: Deductible	\$2,000
Patient pays: Deductible Co-pays	\$2,000 \$20

Managing type 2 diabetes

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400

Plan pays: \$2,640Patient pays: \$2,760

Sample care costs:

Prescriptions	\$2,900
Medical equipment and supplies	\$1,300
Office visits & procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductible	\$2,000
Co-pays	\$450
Co-insurance	\$30
Limits or exclusions	\$280
Total	\$2,760

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or pre existing condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network providers. If the patient had received care from out-of-network providers, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>co-payments</u>, and <u>co-insurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>co-payments</u>, <u>deductibles</u>, and <u>co-insurance</u>. You also should consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

Plan ID: 5658357 BenefitVersion: 8

Plan Name: Lifestyle